



American Ultimate Disc League (AUDL) Waiver, Release of Liability and Indemnification Agreement

I, the undersigned player, coach, referee and/or volunteer, acknowledge, agree, and represent to the American Ultimate Disc League (“AUDL”) and its successors and assigns that:

1. I am electing to participate in the American Ultimate Disc League (“AUDL”) and AUDL team tryouts, practices, games, events, and/or related activities of my own free will without coercion or duress of any kind or nature.
2. I am in good health and physical condition to fully participate in AUDL team practices, games, events, and related activities. I am not aware of any medical condition or affliction that would limit or impair my ability to fully participate in such activities or that would pose a serious risk of injury to myself or others.
3. I understand and acknowledge that there are certain risks and hazards involved in, and inherent to, playing Ultimate that may result in injury or death to me or other players, including, but not limited to, those hazards associated with venues, playing conditions, equipment, and other participants.
4. I understand that the very nature of Ultimate is hazardous and risky, including, but not limited to, the acts of running, jumping, stretching, sliding, diving, skating and collisions with other players and with stationary objects, all of which can cause serious injury or death to me and to other players.

Further, I agree that in consideration for the right to play, coach, referee, or participate in any capacity in the AUDL and in consideration for permission to do so:

1. I voluntarily elect to accept and assume all risks of injury incurred or suffered by me (a) while volunteering, coaching, refereeing, practicing or playing as a member of the team so designated, (b) while serving in a non-playing capacity as a team member during practice or play by other teams or by others on my team, and (c) while on or upon the premises of any and all of the fields arranged by my team or league for practice or play.
2. I agree that I will promptly inform league and team officials in writing of any condition or change in circumstance that may impair or impede my ability to fully participate in Ultimate and/or AUDL related activities or that may pose risk of injury or death to myself or others.
3. I hereby release, discharge and agree not to sue the AUDL or its owners, officers, agents, servants, associations, employees, member teams or any person or entity connected with the AUDL or its member teams for any claim, damages, injury, costs or cause of action which I have, or which I may have, now or in the future, as a result of, in connection with, or incident to any injuries or damages sustained or incurred by me from my participation in Ultimate or AUDL related activities, whatever the cause might be, including, but not limited to, the negligence, breach of contract, or wrongful conduct of the parties hereby released.

I ACKNOWLEDGE THAT I HAVE READ AND THAT I UNDERSTAND EACH AND EVERY ONE OF THE PROVISIONS IN THIS WAIVER, RELEASE OF LIABILITY AND INDEMNIFICATION AGREEMENT AND AGREE TO ABIDE BY THEM.

Name (Print) _____ Phone _____

Address _____

Signature _____ Date _____